

# INNOVATING FERTILITY PRESERVATION IN URUGUAY: DEVELOPMENT OF A HOME SPERM BANKING KIT WITH SPERM EXTENDER MEDIUM (FERTIPRO NV)

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## INTRODUCTION

Access to fertility preservation services in Uruguay is largely centralized, creating barriers for individuals living outside the capital. The development of a home sperm banking kit incorporating a Fertipro extender medium validated under laboratory conditions offers a potential solution for remote semen collection and transport. The objective of this study was to evaluate the real-world usability of this kit and to assess the impact of transport conditions on semen quality after shipment.

## MATERIALS AND METHODS

Eight semen samples were collected from donors across Uruguay using the kit, which included instructions and informed consent. Samples were transported by courier, and upon arrival, volume, concentration, motility, vitality, and morphology were analyzed. Transport conditions (time, distance, and temperature) were recorded. Motile sperm recovery (REM) was performed post-transport. Associations between transport parameters and semen quality were evaluated with Pearson correlation.

## RESULTS

Abstinence ranged from 2–48 days; longer intervals were linked to reduced concentration and motility. Transport distances varied between 12–500 km, mostly within 1–2 days. One sample transported for 6 days maintained viability (progressive motility 31%, vitality 67%), while the only failed sample (14 days) was associated with elevated temperature (14 °C). Mean values on arrival were concentration 28.3 M/ml, progressive motility 4.9%, total motility 36%, vitality 63%, and morphology 4.4% (Table 1).

**Table I.** Semen parameters of samples received at the laboratory transported using the pre-prototype Home Sperm Banking Kit.

Parameter	n	Minimum	Maximum	P25	Median	P75	Mean	SEM
Volume (mL)	8	1	8	2.5	3.5	5.9	4.28	0.92
Concentration (×10 <sup>6</sup> /mL)	8	8	80	13.5	18.5	36.3	28.3	8
Motility Type A (%)	8	0	12	2.8	4	6	4.88	1.37
Motility Type B (%)	8	0	41	14.8	21.5	27.3	21.3	4.33
Motility Type C (%)	8	0	21	6.8	9.5	14	10.4	2.33
Motility Type D (%)	8	42	100	54.5	61.5	69.5	63.9	6.33
Vitality (%)	8	0	93	56.5	69.5	82	63	10.41
Morphology (%)	8	0	7	3.5	5	6	4.38	0.82

## Temperature-Dependent Semen Quality After Transport

Samples maintained below 8 °C demonstrated significantly better progressive motility (39% vs 18%), total motility (52% vs 27%), and vitality (81% vs 49%) compared to ≥8 °C (Table 2). Temperature correlated negatively with motility (progressive  $r=-0.77$ ; total  $r=-0.84$ ). Distance showed moderate positive correlations ( $r\approx0.4-0.5$ ).

**Table II.** Semen parameters grouped by arrival temperature

Parameter	< 8 °C (Mean)	Range	≥ 8 °C (Mean)	Range
Progressive motility (%)	39	29 – 45	18.4	0 – 31
Total motility (%)	52.3	46 – 58	27	0 – 47
Vitality (%)	81.3	72 – 93	48.6	0 – 85
Morphology (%)	6	5 – 7	3.4	0 – 6

## Post-Transport Motile Sperm Recovery (REM)





After REM processing by density gradient, sperm concentration decreased due to selective separation, but progressive motility markedly improved across all samples. Type A motility frequently exceeded 40–50% post-REM, while slow or immotile sperm (types C and D) were effectively eliminated (Table III). These findings confirm the kit's ability to preserve viable sperm suitable for selection and use after transport.

**Table III.** Semen parameters of transported samples after REM

Parameter	Mean	Median	SEM	Min	P25	P75	Max
Concentration post-REM (×10 <sup>6</sup> /mL)	14.41	6.75	17.9	3	5.25	13.12	50
Type A motility post-REM (%)	32	30.5	21.48	10	12.75	50.5	57
Type B motility post-REM (%)	34.16	31	13.68	19	26.5	38.5	58
Total motility post-REM (%)	72.5	82.5	22.24	32	66	87	89
Progressive motility recovery rate (%)	53.31	53.45	13.64	33.33	46.98	59.34	73.52
Total motility recovery rate (%)	41.22	44.41	13.52	18.75	35.11	50.55	55.17

## Usability Survey of the Home Sperm Banking Kit

A post-use survey was conducted via WhatsApp to assess user experience, logistics, and comfort when using the Home Sperm Banking Kit (see figure 1)

	<b>Participants</b> <ul style="list-style-type: none"> <li>Eight men aged 24–35 years (mean 29); <b>87.5%</b> had no children.</li> <li>The kit was well accepted by both first-time and experienced <b>donors</b>.</li> </ul>
	<b>Instruction Compliance</b> <ul style="list-style-type: none"> <li>All participants (<b>100%</b>) rated the instructions as clear or very clear.</li> <li><b>25%</b> reported minor collection difficulties (e.g., small container or sample loss).</li> <li><b>87.5%</b> correctly conditioned materials by freezing ice packs and refrigerating the medium, while isolated deviations were noted.</li> </ul>
	<b>Ease of Use and Comfort</b> <ul style="list-style-type: none"> <li>100% successfully sealed the sample containers, confirming the system's safety and practicality.</li> <li>Overall satisfaction was high most rated the experience as "Excellent" or "Good," and felt comfortable collecting at home.</li> <li>A total of 71.4% found coordination easy, while a few reported minor scheduling issues.</li> <li>Most samples were collected in the morning and shipped in the afternoon, highlighting potential time–temperature exposure as an influence on viability.</li> </ul>
	

**Figure 1.** Summary of the Home Sperm Banking Kit Usability Survey Results.

## CONCLUSIONS

This locally developed kit allowed safe semen transport when kept ≤8 °C and ≤48 h, with viability maintained up to 6 days. Failures were linked to temperature rather than distance. Post-REM recovery restored motility, confirming usability.

## REFERENCES



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